Wearing contact lenses in 4 easy steps

A quick and easy guide to putting in your contact lenses







FDA-Approved*

Consistent wear of 10 hours per day for 6 days a week is recommended for the best outcome

Wash your hands

Use soap and water. Rinse well and dry your hands with a towel that isn't too fluffy.



Open the lens pack

Make sure you pick up the correct lens for each eye. Scoop the lens out and place on your fingertip so the edges curve up like a bowl.

Wearing your lenses



Using the hand that isn't holding your contact lens, hold your top eyelid still. Use your other hand's middle finger to pull down your bottom eyelid. Then, place the lens on your eye. It's okay to have an adult with you until you feel ready to put your lenses in and take them out by yourself.



Check your work

To see if your lenses are in, blink slowly and gently. If everything feels good and nothing looks blurry, you're ready to go!

The Dos and Don'ts of caring for your contact lenses

Dos

- Wear MiSight® consistently at least 10 hours per day and 6 days a week or as recommended by your eye doctor
- Thoroughly wash and dry your hands before touching your contact lenses or your eyes
- Throw away each pair at the end of the day

Don'ts

- Oo not wear your lenses if the lens pack is broken
- Do not handle your contact lenses with hands that are still wet from water
- imes Do not use spit or water to wet your lenses
- Do not go swimming or shower in your contact lenses
- \checkmark Do not go to sleep with your lenses in your eyes
- \times Do not share your contact lenses



For more tips and helpful resources, ask an adult to download the **MiSight® app** in the Apple Store or Google Play







Scan QR code to watch the MiSight[®] 1 day insertion and removal step-by-step videos

Indications and Important Safety Information. Rx only. Results may vary. ATTENTION: Reference the Patient Information Booklet for a complete listing of Indications and Important Safety Information. ***Indications**: MiSight® 1 day (omafilcon A) soft (hydrophilic) contact lenses for daily wear are indicated for the correction of myopic ametropia and for slowing the progression of myopia in children with non-diseased eyes, who at the initiation of treatment are 8-12 years of age and have a refraction of -0.75 to -4.00 diopters (spherical equivalent) with \leq 0.75 diopters of astigmatism. The lens is to be discarded after each removal. Warnings: Problems with contact lenses could result in serious injury to the eye. Do not expose contact lenses to water while wearing them. Under certain circumstances MiSight® lenses optical design can cause reduced image contrast/ghosting/halo/glare in some patients that may cause difficulties with certain visually-demanding tasks. Precautions: Daily wear single use only. Patient should always dispose when lenses are removed. No overnight wear. Patients should exercise extra care if performing potentially hazardous activities. Adverse events: Including but not limited to infection/inflammation/ulceration/abrasion of the cornea, other parts of the eye or eyelds. Some of these adverse reactions can cause permanent or temporary loss of vision. If you notice any of the stated in your child, immediately have your child remove the lenses and contact your eye care professional.





